Principal’s Message

Dear parents, carers and community members,

Junior Band 2015
A very successful information night was held on Tuesday evening for prospective members of the band for next year. Thank you to Mrs Skerrit and Mrs Bruggemann for their infective enthusiasm and informative presentation.

Girl’s Touch Football
Congratulations to our talented and committed team for their efforts in competing in the state wide quarter finals. Allie Wood, Callie Hearne, Kyra Evans, Britney Bell, Carlee Fletcher, Tekirra Kinnaird, Bronte Hart, Chelsea Beecroft, Alicia Holliday, Chelsea Hall, Madison Dawson, Jordan Bell and Sharnee Esson, along with their dedicated coach Mrs McCleary, have continued the proud tradition of North Haven PS sporting teams achieving at the highest competition levels. As always, support from families and friends make these opportunities possible.

Kindergarten Orientation
We welcome our new kindergarten students this week with a transition day yesterday and opportunities for “dropping in” over the next couple of weeks. Thank you to our Year 5 Buddies for assisting with the transition process and ensuring our new students feel welcomed, confident and happy as they begin their schooling.
Principal’s Message continued …

Bush Fire Season
With the warmer weather approaching our school will be conducting a fire drill over the coming weeks to ensure we have completed our preparation for the coming bushfire season. Recent hazard reduction burns of the surrounding bush have supported our readiness. Our emergency plan is on the school website and all staff will be undertaking some on-line training regarding evacuation procedures and protocols.

Kind regards,

Christine Wild
Principal

Halloween Hijinks at the Canteen
TOMORROW
Friday 31st October

To celebrate Halloween tomorrow, the canteen will be selling some special items. Come along and have a look at the ghostly goodies and terrifying treats!!!

10 Day Special Swimming School

Year 2 students recently brought home information about the 10 day swimming scheme to be conducted from Monday, 24th November to Friday, 5th December. Permission notes and money need to be returned to school by Friday, 21st November.

Children in years 3-6 who cannot swim 25 metres competently and confidently are also invited to participate. Permission notes are available from the office.
Fancy Dress
HALLOWEEN DISCO

Saturday, 1st November 6 pm-8.30 pm
Laurieton United Servicemen’s Club

$5 per child or $12 per family
(family rate covers siblings, does not include cousins)

There will be lots of goodies for sale
such as lollies, novelties, glow products!

All parents are asked to please remain on the club premises
to assist with the supervision of their own children.

For students of NHPS and younger siblings only.

NO high school students.
Parents must supervise pre school age children at all times.

Anyone able to help with the set up is asked
to please come to the club at 4.30 pm
or ring Karen Daniels on 0419 602588 if you can help.

THIS ACTIVITY IS ALCOHOL FREE
HEADLICE

There have been a number of reports of headlice throughout the school. When lice have been identified hair needs to be treated before your child returns to school - THIS INCLUDES THE EGGS. Please notify your child’s teacher or the office when headlice have been found so that a class note can be issued advising parents. All children’s hair needs to be checked on a regular basis and treatment needs to be redone after a week.

The conditioner and comb method is now being promoted as an effective chemical free way to identify and treat head lice. The following information may be of assistance to parents -

A head lice detection kit consists of 4 things:

1. **Conditioner** - white conditioner is best since the lice and eggs are easier to see
2. **A fine tooth comb** - to remove lice and eggs
3. **A normal comb** - to remove tangles
4. **Paper tissue or kitchen towel** - white is best since the lice and eggs are easier to see

**Conditioner and Fine Tooth Comb Technique**

1. Apply conditioner to dry hair aiming to cover each hair from root to tip with a layer of conditioner.
2. Detangle the hair using a normal comb.
3. Immediately comb the hair with a fine tooth comb. Plastic nit combs with conditioner are very effective for detecting and removing climbers, but far less effective for eggs.
4. Wipe the conditioner off the fine tooth comb onto tissue or kitchen paper and look for lice and eggs.
5. Repeat the combing for every part of the head at least 5 times.
PLEASE CHECK YOUR CHILD’S HAIR TODAY

Why the normal comb?

Using a fine tooth comb on tangled hair can be a painful experience for children, apart from being ineffective in detecting lice. By combing the hair with the normal comb while the conditioner is applied, you get rid of the tangles, and the fine tooth comb slides through easily.

Why use conditioner in a detection kit?

Conditioner stuns head lice!! The stunning seems to last about 20 minutes. After this time most lice are active again. Conditioner also makes it hard for the lice to grip the hair shafts. Lice hold onto hairs with their six claws and, when they are alive, they are usually not dislodged by the typical plastic fine tooth comb. However, if the hair is wet, or better still, coated with conditioner, lice seem to be unable to hold on as strongly as on dry hair. Use conditioner on hair to increase the rate of detection. Applying conditioner to dry hair is best, but it will work on wet hair also.
SPORTS NEWS
State Athletics Results

Wow, what sensational results for all of our students who represented North Haven Public School and the North Coast at the NSW PSSA Athletics Championships in Sydney.

**Ryan Moloney**, who had thrown a personal best to qualify in his junior discus event at the North Coast carnival, threw 26m in Sydney to finish in the state’s top ten.

North Haven’s Senior Girls Relay team, **Madison Dawson, Kyra Evans, Alicia Holliday** and **Allie Wood** ran a very fast 57.86 in Sydney to just miss qualifying for the final. Well done girls, with your other commitments with touch you have certainly performed well.

**Allie Wood**, what an amazing athlete! Allie reached the final for both the 100m and 200m at State level. Her raw talent is outstanding. Not only is Allie in our school touch team to reach the State Finals but she is now travelling to Morwell, in country Victoria, for a week of touch football, representing the New South Wales team at the Australian titles. She then re-joins the school girls touch team the following Monday back in Sydney. A huge congratulations Allie!

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Primary Assembly

The final primary assembly for the year will be held on Thursday 6th November at 2.20 pm in the hall. The Year 6 student councillors will co-ordinate the assembly and class 4G will present an item. All parents are welcome to attend.

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North Haven Public School
Student Absence Note

My child ____________________________ of class _______ was absent from school on the following dates ____________________________

for the following reason ______________________________________

Parent’s Signature : ____________________________ Date : ____________________________
Join JUNIOR BAND in 2015!

Good Reasons Why Your Child Should Study Music

• Children who study music from an early age can do better at a range of subjects.
• Children who play music learn that there are rewards from hard work, practice and discipline.
• Playing a musical instrument helps develop kids’ creative thinking and motor skills.
• Music helps kids become more active listeners, which is beneficial in a range of things from taking part in conversations to building more satisfying friendships.
• It can also enhance their health and wellbeing and increase their stamina.
• Children learn to embrace other cultures through their music.
• It develops teamwork and shared goals.
• The overall experience of listening to music is dramatically enhanced.
• Children can explore emotions through music, which may help them better understand who they are.
• It’s fun!

Adapted from www.schoolatoz.nsw.edu.au

If you didn’t make it to the parent information meeting on Tuesday night, ask at the office for a note, or see Mrs Skerritt as soon as possible! Preparations are already underway for our fabulous band program in 2015. Don’t miss out! Senior Band members will be receiving notes very soon, so stay tuned! (Ha ha)

Liz Skerritt
Band Co-ordinator
Aussie of the Month

Congratulations to the Infants Aussie of the Month for October –

Ava Ryder

Work of the Week

Amelia Cook Mia George
Zane Holliday Hannah Peck
Daniel O’Brien Harry Twomey
Makayla Taylor Zoe Ferris
Braith Langdon Dawes

Community Notices

Junior Golf at the Kew Country Club

New time – now starting at 1.00 pm

New Format
Competent Juniors: To play 9 holes. Parents welcome to join in.
Beginners: Will spend time receiving coaching from experienced coaches before playing some shortened holes.
Presentation: At 4 pm with refreshments in the club house
Contact: Kew Pro Shop 6559 4596

Gingerbread House Workshops – at Camden Haven Anglican Church, Lakewood on Friday 21st November at 7 pm and/or Saturday, 22nd November at 2 pm. Kits $30 includes lolly bag and refreshments. Guest speaker. Maximum 3 people per kit. Tickets essential and available from church office or by ringing 6559 5036.